



# The Express

**MAY  
2014**



Dear Parents,

The school year has gone by so quickly! It is hard to believe I am writing my final letter for the year. I want to thank all of you for entrusting us with your precious children. We have enjoyed having each and every one of them and are so pleased with their growth throughout the year. We will miss our 5 year olds and wish them well in their transition to kindergarten. We are aware of the increasing demands and expectations now for kindergarten and have worked hard to enhance our curriculum to make sure your children enter kindergarten with the tools to help them be successful. The teachers will soon begin to prepare for the end of the school year, discussing summer activities the preparation for their next year at school.

Our Pre-K teachers will talk to the children about their transition to kindergarten as well as identify other NCNS students they will be going to kindergarten with. It is always helpful to have a familiar face at a new school.

I would like to take a moment to thank all the hard working volunteer members who make up our NCNS Board. Their guidance, commitment to our school, and continual support help to make NCNS a very special school. I thank you for your endless support and dedication. I would also like to thank all our creative, knowledgeable and hardworking teachers. Their dedication and enthusiasm towards each and every child and their families is incredible. I am honored to work alongside them. Sadly, we say farewell to Mrs. Rosenthal this year as she is retiring from NCNS after 15 years. She has touched and enhanced the lives of SO many children and their families throughout her career here at NCNS. She will be sorely missed, but we wish her all the best.

I hope everyone will be able to join us on Thursday May 22nd from 5:30-7:00 pm for our annual Art Night at NCNS. The whole family is invited to come to admire the beautifully displayed artwork created by each child. Children will have the opportunity to participate in our treasure hunt as well as have fun with their friends and family on the playground. We encourage you to either bring a picnic dinner or purchase dinner from The Toasty Cheese Mobile Eatery Truck which will be here for the event. We hope you will join us for this special end of the year event and help us celebrate another fantastic year at NCNS! Rain or shine, Art Night is on!

I am including a reprint from an article I recently read on dealing with children and tantrums. I hope you find the information helpful as we have all had these moments with our children.

I hope everyone has a wonderful summer. Please try to remember to relax, slow down, and enjoy the time with your family. I wish all our families who are moving on well, and I look forward to seeing all our returning families in the fall.

Have a safe & happy summer!

Warmest Regards, Gail



## Dates to Remember

### May

- 12 Parent/Tot ends this week
- 19 See Next Page for Class Schedule
- 22 Art Night & Last Day of School

### June

- 18 Northbrook Farmers Market

### July

- 4 4th of July Parade
- 11 NBK Sidewalk Sale
- 12 NBK Sidewalk Sale
- 30 Northbrook Days

### August

- 1-3 Northbrook Days
- 16 Packet Pick Up Day at NCNS

## Dealing with tantrums are never easy; below are some helpful tips on what to do when your child throws tantrums in public to make it easier for you:

- **Keep Calm.** You need to remain in control. If you begin to become stressed and scream or yell, then the situation will only escalate. For example, calmly discuss with your child about why they cannot have a certain item and move away from that area. Try to redirect the conversation and talk about something else in order to help your child lose focus on what he/she wants. Do not panic and feel that everyone is staring at you. Tantrums are regular behaviors of children and do not usually phase most people; however, more people will begin to stare if your reaction is just as loud as your child's tantrum.
- **Never See Them Again.** Remember that the people you see in the store will most likely not be seen again. You should not worry about what others are thinking as they are not as concerned with the situation as you are imagining and it will easily be forgotten. Most people understand as they have experienced similar situations. They have their own matters to worry about and focus on.
- **Consistency.** Make sure that you are consistent in how you are addressing your child's tantrums. If a tantrum at home would typically result in a timeout, then continue to use the same consequences. Timeouts can be given in the aisle of a store, at a table at a restaurant, on park benches or even on a sidewalk. If you start to address tantrums differently because you are in public, this will give your child the idea that they can behave differently when they are not in the house.
- **Don't Give In or Bribe.** Do not surrender to your child's tantrum or try to offer a bribe. Giving in or bribing your child will only result in your child throwing tantrums more often in order to get what he/she wants. You will want to make sure that you are consistent with addressing and handling these tantrums. By saying something like, "If you stop whining and get off the floor, you can get a candy bar," this will only result in your child throwing more tantrums to gain access to preferred items.
- **Praise Good Behaviors.** Provide verbal praise and reinforcement when your child is behaving appropriately and is not whining and/or throwing a tantrum. You will want to make sure that your child is aware of his/her good behaviors and, by reinforcing these behaviors, your child will be more likely to repeat them in the future.
- **Try Another Day.** When you are going out for a special outing, make sure to discuss with your son or daughter the expectations are for their behavior prior to the event. Are you going to a place where they must talk quietly and be polite, such as in a restaurant? Or, are they allowed to be excited and loud, but must stay by your side? For instance, if you were going to a special place, like the public zoo, you would want them to act a certain way so that everyone can enjoy themselves. Reminding your children of what is expected of them may help prohibit some behaviors that come along with just being worked up and excited about the new situation they are in; however, if your child does start to behave inappropriately and is not able to handle behaving appropriately that day, you may have to leave the special event early. Unfortunately, this can ruin the outing for everyone, but you do not want to encourage or reinforce your child's tantrums in any manner.

Always remember to stay in control and calm when dealing with your child's tantrum. Take a deep breath and make sure that you are consistent with the consequences. If the behaviors are not accepted in the home, then they should not be allowed in public.

# Last Week of School Class Schedule

## Monday, May 19th

9:00am - 11:15am: Turtles & Dolphins

11:20am - 12:35pm: Yoga Bash

12:45pm - 3:00pm: Pandas & Koalas



## Tuesday, May 20th

9:00am - 11:15am: Turtles & Ducklings

11:20am - 12:35pm: Mad Science

12:45pm - 3:00pm: Pandas & Koalas

## Wednesday, May 21st

9:00am - 11:15am: Dolphins

12:45pm - 3:00pm: Pandas & Koalas

## Thursday, May 22nd - Last Day of School

9:00am - 11:15am: Turtles & Ducklings

12:45pm - 3:00pm: Pandas & Koalas

5:30pm: ART NIGHT - At NCNS

# E n r o l l m e n t

## 2014 - 2015 Enrollment

If you haven't already enrolled or know of someone who is considering enrolling please contact Gail Nemoj at 847-272-5430 or Molly Brown at 847-272-8414 for additional information.



# S a v e t h e D a t e

NCNS at the Northbrook Farmers Market

June 18th, 10:30 am - 1:00 pm

NCNS will once again be at the Northbrook Farmers Market. Be sure to bring your little ones so they can participate.



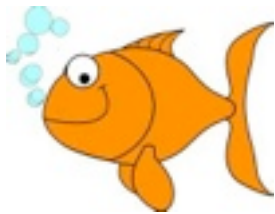
# S a v e t h e D a t e

NCNS at the Northbrook 4th of July Parade

As always, NCNS will be marching in the Northbrook 4th of July parade. Bring your decorated strollers or wagons and your little ones can enjoy the parade with the NCNS families. Look for an email this summer for further information.



# S a v e t h e D a t e



NCNS at Northbrook Days Goldfish Booth  
July 30th - August 3rd

We are always looking for volunteers to help staff the Goldfish booth at Northbrook Days. Please contact Michaela Ward [michaelalorra@hotmail.com](mailto:michaelalorra@hotmail.com) if you are interested in helping out.

# M a y B i r t h d a y s



Happy Birthday to  
**Mathew Ward**  
**Naomi Kinzer**  
**Zach Gidaspow**



# R o o m P a r e n t s

A BIG thank you to all of the Room Parents for volunteering your time this year!

Michaela Ward

Ducklings - Amy Piesert & Gina DeBoni  
Dolphins - Jennifer Diehl & Zoe Novak  
Koalas - Dara Owen & Aly Troutman  
Pandas - Kim Pollak & Andrea Smith  
Turtles - Lisa Buckley & Erika Fernstrom

# T h a n k   y o u !

Thank you to the parents that helped with the  
Teacher Appreciation Breakfast and Lunch!

Amy Piesert, Gina DeBoni, Jennifer Diehl, Zoe Novak,  
Lisa Buckley, Erika Fernstrom, Dara Owen, Aly  
Troutman, Kim Pollak, Andrea Smith, Annie Porthan &  
Marie Junkmann.



## F r o m   o u r   P r e s i d e n t

I am so proud of all the board members who donated their endless time and energy to help NCNS this year...and what a fantastic year it was! Record attendance at school events, such as Fall Fest, to record-setting fundraising at this years Gala and other fundraising events throughout the year. We have accomplished so much as a team! Your hard work is so important to this school and to our staff and children, and I appreciate it more than you know! Thank you to all the NCNS families who support all the board sponsored events!

Paige Wenk

Gail Nemoy	Director
Paige Wenk	President
Marie Junkmann	Vice President
Lisa Raju	Treasurer Payables
Liz Gan	Treasurer Receivables
Terah Bozarth	Personnel
Julie Hochschild	Office Administrator
Abbie Lyman	Office Admin Assistant
Molly Brown	Enrollment
Andrea Denes	Enrollment Assistant
Janelle Duthie	Publicity Print
Kelly Cook	Publicity Print Assistant
Kylie Taylor	Equipment/Purchasing
Kelly Zima	Newsletter
Elise Myers	Gala
Kim Yes	Gala
Megan Flad	Gala
Annie Prothan	Family Coordinator
Michaela Ward	Family Coordinator Asst
Emily Taylor	Website/Member-at-Large

## G o o d   b y e !

*Good Luck!*

Another year has come and gone at NCNS. We have had a great year and are looking forward to seeing you next year.

Goodbye to our children and families that are moving on to Kindergarten. We have cherished this time at NCNS and wish you well next year!



# Saying Farewell to Carolyn Rosenthal

As we bid farewell to Carolyn Rosenthal at the end of the school year, we reflect on all that she has contributed to NCNS as a parent, volunteer, and teacher. It's as if she was meant to be a teacher at Northbrook Community Nursery School! A Northbrook native, Carolyn raised three children in our community with her husband, Bennett. Now adults, Lauren, Doug, and Greg all attended NCNS as preschoolers.

Carolyn's commitment to NCNS began in 1986 when her children entered the school. As anyone who knows Carolyn might guess, she immediately volunteered her time as a member of the NCNS board. In addition to her many accomplishments on the board, Carolyn holds a special place in our school's history as a co-founder of the first-ever NCNS Gala! Thanks to Carolyn, friends and families now gather together each year for a major fundraiser that allows the school to maintain its non-profit status while supporting the continuing development of our programs.

Years after her children graduated from NCNS, Carolyn returned to the school as a teacher. She wanted to make an impact on the development of children in her community during their most influential years, and the school was lucky to welcome her to the staff. Over the past 15 years, Carolyn feels that she has worked with the "best of the best." She is proud to have been part of NCNS, and treasures her relationships with her peers, directors, parents, and students.

As everyone who knows Carolyn can attest, she has made an incredible impact on the school and our families. From greeting nervous parents and first-time students in the Mom/Tot class to preparing our oldest students for kindergarten, she leaves each of us with warm memories. Carolyn is the type of special teacher that we, as parents, all hope our children will experience at least once in a lifetime. We are fortunate to have received her teaching gift so early in our children's education.

Carolyn, we wish you all the best as you retire from service at NCNS. Enjoy the exciting year ahead, from your trip to visit Doug in D.C. to your time sailing your boat in Lake Geneva to the joy of welcoming your first grandchild! We will miss you, and we are thankful for the legacy you leave behind at NCNS. Happy sailing in the adventures that lie ahead!

The NCNS Board and Gail Nemoy



# ART NIGHT AT NCNS

Thursday, May 22, 2014

5:30 - 7:00 PM

**\*\*ALL SCHOOL PICTURE WILL BE TAKEN AT 6:30PM\*\***



## What a Year This Was!

Come to NCNS and admire and celebrate the artwork made with pride by our favorite little artists!

Feel free to either bring dinner or purchase dinner at the **Toasty Cheese Mobile Eatery** ([www.toastycheese.com](http://www.toastycheese.com)). If weather permits, we will picnic on the lawn (please remember that NCNS is a nut free zone).

After dinner please visit inside to view the children's wonderful artwork. Don't forget to participate in our art "scavenger hunt!"

**Please don't forget to pick up your child's artwork at the end of the evening!!**



This is a great opportunity for our families and children to share in one more special evening before it is time to say goodbye for the year. Hope you can join us!

