

The Express



Dear Parents,

The school year has gone by so quickly! It is hard to believe I am writing my final letter of the school year. I want to thank all of you for entrusting us with your precious children. We have enjoyed having each and every one of them and are so pleased with their growth throughout the year. We will miss our 5 year olds and wish them well in their transition to kindergarten. We are aware of the increasing demands

and expectations now for kindergarten and have worked hard to enhance our curriculum to make sure your children enter kindergarten with the tools to help them be successful. The teachers will soon begin to prepare for the end of the school year and to bring closure to the current school year. Our Pre-K teachers will talk to the children about their transition to kindergarten as well as identify other NCNS students they will be going to kindergarten with. It is always helpful to see a familiar face at a new school. The Pre-K class teachers will send out a special newsletter to their classes detailing our approach to transitioning the children to kindergarten.

I would like to take a moment to thank Marie Junkmann, our current board president as well as the entire board for all your hard work and support throughout the year. Your dedication, guidance and endless support are greatly appreciated. I would also like to thank all our creative, knowledgeable and hardworking teachers. Their dedication and enthusiasm towards each and every child and their families is incredible. I am honored to work alongside them. Sadly, we say farewell to Mrs. Pollak this year as she is retiring from NCNS after over 20 years. She has touched and enhanced the lives of SO many children and their families throughout her career here. She will be sorely missed, but we wish her all the best in her retirement.

I hope everyone will be able to join us on Thursday, May 21st for our annual Art Night at NCNS. The whole family is invited to come to admire the beautifully displayed artwork created by our students. Children will have the opportunity to participate in our treasure hunt as well as have fun with their friends and family on the playground. We encourage you to bring a picnic blanket and join other families for a picnic dinner on the grounds. We will have the "Louie B. Fresh" food truck here for you to purchase dinner items for your family. We hope you will join us for this special end of the year event and help us celebrate another fantastic year at NCNS! Rain or shine, Art Night is on!

I am including a reprint from an article I recently read on dealing with children and tantrums. I hope you find the information helpful as we have all had these moments with our children. I hope everyone has a wonderful summer. Please try to remember to relax, slow down, and enjoy the time with your family. I wish all our families who are moving on well, and I look forward to seeing all our returning families in the fall.

Have a safe & happy summer!
Warmest Regards,
~Gail



Dealing with tantrums are never easy; below are some helpful tips on what to do when your child throws tantrums in public to make it easier for you:

- **Keep Calm.** You need to remain in control. If you begin to become stressed and scream or yell, then the situation will only escalate. For example, calmly discuss with your child about why they cannot have a certain item and move away from that area. Try to redirect the conversation and talk about something else in order to help your child lose focus on what he/she wants. Do not panic and feel that everyone is staring at you. Tantrums are regular behaviors of children and do not usually phase most people; however, more people will begin to stare if your reaction is just as loud as your child's tantrum.
- **Never See Them Again.** Remember that the people you see in the store will most likely not be seen again. You should not worry about what others are thinking as they are not as concerned with the situation as you are imagining and it will easily be forgotten. Most people understand as they have experienced similar situations. They have their own matters to worry about and focus on.
- **Consistency.** Make sure that you are consistent in how you are addressing your child's tantrums. If a tantrum at home would typically result in a timeout, then continue to use the same consequences. Timeouts can be given in the aisle of a store, at a table at a restaurant, on park benches or even on a sidewalk. If you start to address tantrums differently because you are in public, this will give your child the idea that they can behave differently when they are not in the house.
- **Don't Give In or Bribe.** Do not surrender to your child's tantrum or try to offer a bribe. Giving in or bribing your child will only result in your child throwing tantrums more often in order to get what he/she wants. You will want to make sure that you are consistent with addressing and handling these tantrums. By saying something like, "If you stop whining and get off the floor, you can get a candy bar," this will only result in your child throwing more tantrums to gain access to preferred items.
- **Praise Good Behaviors.** Provide verbal praise and reinforcement when your child is behaving appropriately and is not whining and/or throwing a tantrum. You will want to make sure that your child is aware of his/her good behaviors and, by reinforcing these behaviors, your child will be more likely to repeat them in the future.
- **Try Another Day.** When you are going out for a special outing, make sure to discuss with your son or daughter the expectations are for their behavior prior to the event. Are you going to a place where they must talk quietly and be polite, such as in a restaurant? Or, are they allowed to be excited and loud, but must stay by your side? For instance, if you were going to a special place, like the public zoo, you would want them to act a certain way so that everyone can enjoy themselves. Reminding your children of what is expected of them may help prohibit some behaviors that come along with just being worked up and excited about the new situation they are in; however, if your child does start to behave inappropriately and is not able to handle behaving appropriately that day, you may have to leave the special event early. Unfortunately, this can ruin the outing for everyone, but you do not want to encourage or reinforce your child's tantrums in any manner.

Always remember to stay in control and calm when dealing with your child's tantrum. Take a deep breath and make sure that you are consistent with the consequences. If the behaviors are not accepted in the home, then they should not be allowed in public.

Last Week of School Class Schedule

Monday, May 18th

9:00am - 11:15am: Turtles & Dolphins
9:15am - 11:15am: Bunnies
12:45pm - 3:00pm: Pandas & Koalas

Tuesday, May 19th

9:00am - 11:15am: Turtles & Ducklings
12:45pm - 3:00pm: Pandas & Koalas

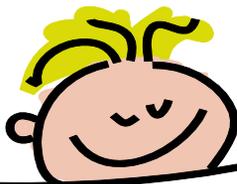
Wednesday, May 20th

9:00am - 11:15am: Dolphins
9:15am - 11:15am: Bunnies
12:45pm - 3:00pm: Pandas & Koalas

Thursday, May 21st - Last Day of School

9:00am - 11:15am: Turtles & Ducklings
12:45pm - 3:00pm: Pandas & Koalas
6:00pm - 7:30pm: FAMILY PICNIC/ART NIGHT at NCNS

****The last week for Lunch Bunch and Parent/Tot is May 11th - May 15th.****



Dates to Remember

May

- 1 2015/2016 Tuition Payment Due
- 11-15 Last Week of Lunch Bunch and Parent/Tot
- 21 Family Picnic/Art Night at 6pm/Last Day of School

July

- 4 Northbrook 4th of July Parade
- 10 Northbrook Sidewalk Sale
- 11 Northbrook Sidewalk Sale

August

- 5-9 Northbrook Days
- 15 Packet Pick Up Day at NCNS

Juniper Event Thank You

Thank you to everyone who made it to our shopping event at Juniper in downtown Northbrook. Our fun evening of shopping, appetizers and drinks resulted in a \$787 donation to NCNS!

JUNIPER
NORTHBROOK, IL 

From Our President

It is amazing how fast a school year goes! It has been an honor serving as President of the NCNS Board of Directors, and I am so proud of all of the amazing individuals who are on our Board. All of the ladies have worked tirelessly to help make Northbrook Community the wonderful environment which it continues to be, and Northbrook's premiere nursery school. Thank you all so much! We had lots of great highlights throughout the year from winning the Zucchini decorating contest at the Farmer's Market, to an amazing record setting gala year, to a first ever Spirit Week which brought the students together as a community honoring friendship & togetherness to even highlighting the importance of giving to others. I have so enjoyed seeing the smiles on our students' faces and their enthusiasm for school. Thank you to all the families at NCNS for choosing this school to start your child's educational journey. We truly appreciate all who have come out and supported the school at all of our Board sponsored events throughout the year! Finally, thank you to Gail and all of the teachers for the care and love you show to our students.

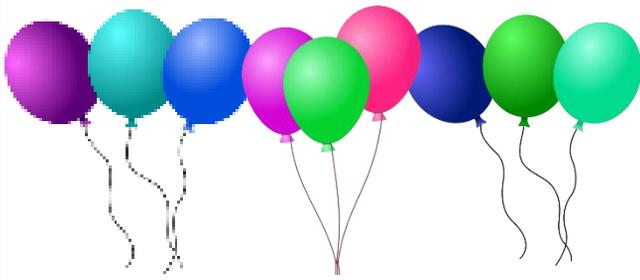
Marie Junkmann

Gail Nemoy	Director
Marie Junkmann	President
Julie Hochschild	Vice President
Kelly Parikh	Treasurer Payables
Kelly Zima	Treasurer Receivables
Terah Bozarth	Personnel
Paige Wenk	Office Administrator
Kim Yen	Office Admin Assistant
Molly Brown	Enrollment
Elise Myers	Enrichment/Enrollment Assistant
Janelle Duthie	Publicity/Marketing
Kelly Cook	Publicity/Marketing Assistant
Kylie Taylor	Equipment & Purchasing
Lynn Howard	Newsletter
Jenny Sciortino	Website
Megan Flad	Fundraising
Andrea Denes	Fundraising
Annie Porthan	Fundraising
Michaela Ward	Family Coordinator
Sarah Fink	Family Coordinator Assistant
Kristy Sellinger	Data Administrator
Abbie Lyman	Member-At-Large

Enrollment Time



If you haven't already enrolled for the 2015-2016 school year or know of someone who is considering enrolling please contact Gail Nemoy at 847-272-5430 or Molly Brown at 847-272-8414 for additional information.



May Birthdays

Phoebe Lee
Claire Myers
Hudson Sellinger



June Birthdays

Annabelle Demakis
Grace Paulissian
Blake Resnick
Alexander Roever
Barrett Schifferdecker
Greta Wahlstrom
Owen Wodarz
Charlotte Yen



Save the Date

NCNS at the Northbrook Fourth of July Parade



As always, NCNS will be marching in the Northbrook 4th of July parade. Bring your decorated strollers or wagons and your little ones can enjoy the parade with the NCNS families. Look for an email this summer with further information.

Save the Date

NCNS at the Northbrook Sidewalk Sale

Enjoy the 2015 Northbrook Sidewalk Sale on Friday, July 10th and Saturday, July 11th from 9am - 3pm. NCNS will be volunteering with pony ride ticket sales.

Sidewalk Sale
& Downtown Event

JULY 10 & 11

Save the Date

NCNS at the Northbrook Days Goldfish Booth
August 5th - 9th



We are always looking for volunteers to help staff the Goldfish booth at Northbrook Days. Two hour shifts are available and the time flies by with all the fun! Please contact Sarah Fink at sarahbfink@gmail.com if you are interested in helping out.

Goodbye!

Another year has come and gone at NCNS. We have had a great year and are looking forward to seeing you next year.

Goodbye to our children and families that are moving on to Kindergarten. We have cherished this time together at NCNS and wish you well next year!



Room Parent Thank You!

thank
you!

A BIG Thank You to all the Room Parents for volunteering your time this year!

-Sarah Fink

Bunnies - Alex Delger & Kim Pollak
Ducklings - Pauline Mintz & Tracy Snyder
Dolphins - Gina Gipperich & Caren Stankiewicz
Turtles - Jen Diehl & Ellen Loiacano
Koalas - Alisa Kusnitzow & Lauren Schifferdecker
Pandas - Mona Chauner & Erika Fernstrom

Thank You!

Thank you to the parents that helped with the Teacher's Appreciation Lunch!

Alex Delger, Jennifer Diehl, Erika Fernstrom, Gina Gipperich, Alisa Kusnitzow, Kim Pollak, Lauren Schifferdecker, and Tracy Snyder.



Art Night/Family Picnic @ NCNS

Thursday, May 21st, 2015
6-7: 30 p.m.



Come to NCNS and admire artwork made with pride by our favorite little artists!

Stay for some eats by the Louie B. Fresh Food Truck! Bring a picnic blanket to enjoy dinner on the lawn with your family and friends, if the weather permits.



Then inside, you will find an art “scavenger hunt” and prizes for the kids! Be sure to take home your child’s matted artwork at the end of the night.



This is a special event to end the school year and say goodbye for the summer. Hope you can join us!