



NCNS Lunch Bunch 2016-2017 Spring Registration

Yoga Bash

Mondays, 11:20 am – 12:40 pm (6 min/14 max) / \$260

13-week session runs January 30-May 15
(No class February 20, March 6, March 27)

Mad Science

Tuesdays, 11:20 am – 12:40 pm (8 min/14 max)/ \$300

15-week session runs January 31-May 16
(No class March 28)

Sing with Señora

Thursdays, 11:20 am - 12:40 pm (8 min/14 max) / \$280

14-week session runs February 2-May 18
(No class March 30, April 20)

Sticky Fingers Cooking

Fridays, 11:20 am - 12:40 pm (8 min/18 max) / \$300
***Ingredients for all recipes included in class cost**

12-week session February 3-May 19
(No class February 17, March 31, April 14, April 21)

*****A NUT-FREE BROWN BAG LUNCH SHOULD BE SENT WITH ALL LUNCH BUNCH STUDENTS*****

Please see page 2 for detailed class descriptions.

Lunch Bunch Class Descriptions

Lunch Bunch is designed for children who are enrolled at NCNS looking to extend and enrich their school day. Three of the classes are open to our 3 year old students and all four classes are open to our 4 year old students. All classes are 11:20-12:40. A **nut-free** brown bag lunch should be sent with students that day.

- **Yoga Bash/Lunch Bunch:** Spring forward by building strength, flexibility and confidence through yoga poses and breathing techniques designed for children. Yoga Bash incorporates books, seasonal events and games to bring out your mini yogi. Weekly themes include geography, languages and nature and will incorporate elements such as affirmation, body benefits and brain balance. Class begins with 45 minutes of yoga and is followed by a 30-minute **nut-free brown bag lunch** from home and short open play time. This class is open to both 3 and 4 year olds and will be held on Mondays.
- **Mad Science/Lunch Bunch:** Calling all scientists! This very interactive, hands-on program is designed for Pre-K students to conduct various science experiments led by a Mad Science instructor. Students participate in making a variety of take-home projects each week and will learn how much fun science can be. Examples of Mad Science themes include electricity, plants, adventures in air, water wonders, and mad mixtures. This class begins with 45 minutes of science exploration and is followed by a 30- minute **nut-free brown bag lunch** from home and short open play time. **Mad Science is open to Pre-K students (4 years old by 9/1/16)** and will be held on Tuesdays.
- **Sing with Señora/Lunch Bunch:** Students will be too busy having fun singing songs in Spanish and playing games to notice that they are also building a strong foundation for lifelong language learning! Preschoolers are at the PERFECT age to start learning another language. Sing with Señora makes that learning engaging and accessible through play, stories and song. Class begins with 45 minutes of activities, and is followed by a 30-minute **nut-free brown bag lunch** from home and short open play time. This class is open to both 3 and 4 year olds and will be held on Thursdays.
- **Sticky Fingers Cooking/Lunch Bunch:** Let your child release their inner chef! Sticky Fingers Cooking offers young chefs the chance to explore exciting tastes, often with local and seasonal ingredients. Students develop culinary skills that they can put to use in family kitchens and nourish their bodies and minds with dishes they create themselves. Each cooking class features healthy recipes, emphasizes safety and skill-building, and encourages environmental awareness in an engaging way. Sticky Fingers provides all of the tools, ingredients and instruction needed to cook up a fun, delicious and ALWAYS 100% nut free recipe. SF can accommodate ANY and ALL food allergies. Examples of recipes include Cheesy Pretzel Bites, Fresh Orange 'Soda' and White Bean Pasta Alfredo Cups. Students will be able to enjoy the culinary creations along with a **nut-free brown bag lunch** from home and short open play time. This class is open to both 3 and 4 year olds and will be held on Fridays.

Spring 2017 Lunch Bunch Enrollment Form

of Lunch Bunch Classes desired: _____

Class preferences:

First: _____

Second: _____

Third: _____

Priority Enrollment for all current NCNS families runs from **December 12-16**. For applications received within this priority week, NCNS will make best efforts to give each child his or her first choice. If a child is not given their first choice, they will be assigned to the class listed second in the preference list above. After priority enrollment has ended, remaining spots are filled on a first come, first served basis. Parents will receive email notification of enrollment in a Lunch Bunch class as well as other classes that still have availability. Please contact the Enrollment Assistant, Maggie Rubin, margaret.rubin@gmail.com with any questions about spring registration.

Please drop- off completed registration, release form and payment at NCNS during school hours OR mail to: NCNS PO Box 2204, Northbrook, IL 60065

Child's Name: _____ Date of Birth: _____

Mother's Name: _____

Father's Name: _____

Street Address: _____

City: _____ Zip: _____

Home Phone #: _____ Cell/Work Phone #: _____

E-mail _____

Method of Payment:

_____ Check Total of Enclosed Check: \$ _____

_____ Credit Card* Charge Amount: \$ _____

Visa: ____ MasterCard: ____ Expiration Date: _____ 3-digit sec code: _____

Credit card number: _____

*There is a 2.6% service charge for credit card payments.

For NCNS Use	
Date Received: _____	Confirmation Sent: _____
Priority #: _____	Payment Processed: _____
Payment: CK / CC	DB: _____

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Refund Policy for NCNS Lunch Bunch

- If cancellation is received 21 days or more prior to the start of a session, NCNS will provide a full refund.
- If cancellation is received between 20 days prior to the start of a session and within 48 hours after the end of the second class, NCNS will provide a prorated refund for any classes not attended, less a \$35 cancellation fee.
- If cancellation is received more than 48 hours after the second class, NCNS will not issue any refunds unless the vacancy (created by this cancellation) is filled by a child on the waiting list. If a refund is issued, the refund amount will be prorated, less a \$35 cancellation fee.