



The Express

**MAY
2017**

Dear Parents,

The school year has gone by so quickly! It is hard to believe I am writing my final letter of the school year. I want to thank all of you for entrusting us with your precious children. We have enjoyed having each and every one of them and are so pleased with their growth throughout the year. We will miss our 5 year olds and wish them well in their transition to kindergarten. We are aware of the increasing demands and expectations now for kindergarteners and have worked hard to enhance our curriculum to make sure your children enter kindergarten with the tools needed to help them be successful. The teachers will soon begin to prepare for the end of the year and bring closure to the current school year. Our Pre-K teachers will talk to the children about their transition to kindergarten as well as identify other NCNS students they will be going on to kindergarten with. It is always helpful to see a familiar face when beginning a new school.

I would like to take a moment to thank Janelle Duthie, our board president this year, as well as the entire board for all your hard work and support throughout the year. Your dedication, guidance and endless support are greatly appreciated. I would also like to thank all our creative, hardworking and knowledgeable teachers. Their dedication and enthusiasm towards each and every child and their families is incredible. I am honored to work alongside them. Sadly, we say goodbye to Linda Peters this year as she is retiring. She will be sorely missed here at NCNS but we wish her all the best in this next chapter of her life.

I hope everyone will be able to join us for our last event of the year, Art Night/Summer Send Off Picnic here at school on Thursday, May 25th from 5:30-7:00. The whole family is invited to come and admire the beautifully displayed artwork created by our students. We encourage you to bring a picnic blanket and join other families for a picnic dinner on our grounds. We will have the "Louie B. Fresh" food truck here on our grounds for you to purchase dinner. We hope you will be able to join us for this special end of the year event and help us celebrate another fantastic year at NCNS! Rain or shine, Art Night/Summer Send Off is on!

I am including a reprint from an article I read dealing with children and tantrums. I hope you find the information helpful as we have all had these moments with our children. I hope you have a wonderful summer. Please try to remember to relax, slow down, and enjoy the time with your family.

I wish all of you who are moving on all the best, we will miss you. I look forward to seeing all our returning families in the fall.

Have a safe and happy summer!

Warmly,

~Gail



Dealing with tantrums are never easy; below are some helpful tips on what to do when your child throws tantrums in public to make it easier for you:

Keep Calm. You need to remain in control. If you begin to become stressed and scream or yell, then the situation will only escalate. For example, calmly discuss with your child about why they cannot have a certain item and move away from that area. Try to redirect the conversation and talk about something else in order to help your child lose focus on what he/she wants. Do not panic and feel that everyone is staring at you. Tantrums are regular behaviors of children and do not usually phase most people; however, more people will begin to stare if your reaction is just as loud as your child's tantrum.

Never See Them Again. Remember that the people you see in the store will most likely not be seen again. You should not worry about what others are thinking as they are not as concerned with the situation as you are imagining and it will easily be forgotten. Most people understand as they have experienced similar situations. They have their own matters to worry about and focus on.

Consistency. Make sure that you are consistent in how you are addressing your child's tantrums. If a tantrum at home would typically result in a timeout, then continue to use the same consequences. Timeouts can be given in the aisle of a store, at a table at a restaurant, on park benches or even on a sidewalk. If you start to address tantrums differently because you are in public, this will give your child the idea that they can behave differently when they are not in the house.

Don't Give In or Bribe. Do not surrender to your child's tantrum or try to offer a bribe. Giving in or bribing your child will only result in your child throwing tantrums more often in order to get what he/she wants. You will want to make sure that you are consistent with addressing and handling these tantrums. By saying something like, "If you stop whining and get off the floor, you can get a candy bar," this will only result in your child throwing more tantrums to gain access to preferred items.

Praise Good Behaviors. Provide verbal praise and reinforcement when your child is behaving appropriately and is not whining and/or throwing a tantrum. You will want to make sure that your child is aware of his/her good behaviors and, by reinforcing these behaviors, your child will be more likely to repeat them in the future.

Try Another Day. When you are going out for a special outing, make sure to discuss with your son or daughter the expectations are for their behavior prior to the event. Are you going to a place where they must talk quietly and be polite, such as in a restaurant? Or, are they allowed to be excited and loud, but must stay by your side? For instance, if you were going to a special place, like the public zoo, you would want them to act a certain way so that everyone can enjoy themselves. Reminding your children of what is expected of them may help prohibit some behaviors that come along with just being worked up and excited about the new situation they are in; however, if your child does start to behave inappropriately and is not able to handle behaving appropriately that day, you may have to leave the special event early. Unfortunately, this can ruin the outing for everyone, but you do not want to encourage or reinforce your child's tantrums in any manner.

Always remember to stay in control and calm when dealing with your child's tantrum. Take a deep breath and make sure that you are consistent with the consequences. If the behaviors are not accepted in the home, then they should not be allowed in public.

From our President

Thank you to the board members who dedicated their time and talent to make this such a great year! From fun family events to day-to-day operations to a glamorous gala, our board has contributed generously to the school. It's been fantastic working with each of you! We have accomplished so much together, and we are poised for an incredible new chapter in a new location. Thank you as well to the teachers and many families who have participated in countless ways - you are the heart of NCNS and we are so happy to have shared this year with you!

Janelle Duthie

Gail Nemoy
Janelle Duthie
Kelly Parikh
Ashley Demakis
Megan Flad
Shayna Barreca
Kelly Cook
Pam Soper
Molly Brown
Kristin Ware
Gina Gipperich
Andrea Denes
Laura O'Brien
Katie Maher
Alex Delger
Erin Gosser
Julie Hochschild
Jen Kleckner
Maggie Rubin
Jessica Kray

Director
President
Vice President
Treasurer Payable
Treasurer Receivables
Personnel
Office Administrator
Office Admin Assistant
Enrollment
Marketing
Legal Counsel
Equipment & Purchasing
Newsletter
Website
Fundraising
Fundraising
Family Coordinator
Family Coordinator Assistant
Enrichment Coordinator
Data Administrator

Enrollment Opportunities

If you haven't already enrolled for the 2017-2018 school year or know of someone who is considering enrolling, please contact Gail Nemoy at 847-272-5430 or Molly Brown at 847-272-8414 for additional information.



Car Magnet

Congratulations again to our Spring contest winners: Kivetz, Christiansen, and Khan families! We thank all of our NCNS families for showing your NCNS pride each and every day.



Dates to Remember

May

- 1 2017/2018 Tuition Payment Due
- 4 Pre-K Spring Tea- 2-3pm at school
- 15 Lunch Bunch Session #2 ends this week
- 17 Parent/Tot Session #2 ends
- 24 Last day for Bunnies and Dolphins
- 25 Last day for Ducklings, Turtles, Koalas & Pandas
- 25 Summer Send-off School Picnic- 5:30-7pm at school



June

- 21 NCNS Teachers at Northbrook Farmers Market

July

- 4 Northbrook 4th of July Parade
- 7&8 Northbrook Sidewalk Sale

August

- 2-6 Northbrook Days
- 19 Packet Pick-up Day at NCNS

Last Week Schedule of Classes

Monday, May 22nd

- 9:00-11:15 Dolphins & Turtles
- 9:15-11:15 Bunnies
- 12:45-3:00 Pandas & Koalas

Tuesday, May 23rd

- 9:00-11:15 Ducklings & Turtles
- 12:45-3:00 Pandas & Koalas

Wednesday, May 24th

- 9:00-11:15 Dolphins (last day)
- 9:15-11:15 Bunnies (last day)
- 12:45-3:00 Pandas & Koalas

Thursday, May 25th -Last Day of School

- 9:00-11:15 Ducklings & Turtles
- 12:45-3:00 Pandas & Koalas
- 5:30-7:00 SUMMER SEND OFF/ART NIGHT at NCNS



**The last week for Lunch Bunch and Parent/tot is May 15th-19th

Week of the Young Child



A big **thank you** to Mrs. Nemoy and all of the teachers for a fabulous Week of the Young Child! The kids had a blast and thoroughly enjoyed the week!



May & June Birthdays

Anna Kladis

Charlie Maher

Hudson Sellinger

Owen Flad

Aidan Terrien

Matthew Christiansen



It's a Boy!

Norah Kleckner welcomed baby brother **Ethan William** on April 14th!

Save the Date

NCNS Teachers at the Northbrook Farmers Market, June 21st



It's time to kick off the farmers market season, and NCNS teachers will be on hand to join the fun! Come visit Gail Nemoy & our wonderful teachers as they host an interactive preschool activity at the Northbrook Farmers Market on June 21st from 9am-12pm.

Save the Date

NCNS at Northbrook's 4th of July Parade

NCNS keeps the tradition going with our annual march in Northbrook's beloved 4th of July Parade! With decorated strollers & wagons in tow, bring your little ones and join us in one of the year's most fun events! Look for an email this summer with further information.



Save the Date

NCNS at Northbrook Sidewalk Sale, July 7th



All aboard! Please swing by and join the fun at this year's Northbrook Sidewalk Sale on Friday, July 7th from 9am-3pm. NCNS will be volunteering at the kid-favorite train ride, tickets available on site.

Save the Date

NCNS at Northbrook Days Goldfish Booth, August 2nd-6th



We are looking for volunteers to help staff the Goldfish Booth at Northbrook Days. Two hour shifts are available and time flies by with all the fun! Please watch your email for an invitation this summer!

Student Artwork at Northbrook Library



NCNS is proud to present "Imagination in Bloom", an art display at the Northbrook Public Library featuring masterpieces by our very own students. The spring-themed collection will be up in the Youth Services section throughout May, so be sure to check it out. What a beautiful way to say "Hello" to Spring and bring a bit of sunshine to our community. Well done, students!

Thank You!

A **BIG** Thank You to all the Room Parents for volunteering your time this year! We appreciate all you have done for our students, families, and staff. Special thanks for hosting this month's teacher appreciation lunch!

Bunnies: Beth Spaniak

Ducklings: Sara Giannoulas & Ashley Demakis

Turtles: Bethany Ngo & Alissa Wisniewski

Dolphins: Lisa Buckley & Lynsey Honegger

Pandas: Lynn Howard & Leslie Lee

Koalas: Ritu Shah & Carol Carlson



Saying Farewell to Linda Peters



At the end of this school year, Linda Peters will be retiring after 19 years as a teacher at NCNS.

Linda started at NCNS as a practicum student from Oakton College; she was also an assistant in the Early 3's program that year. The following year, she began her teaching career in the Early 3's class, and the rest is history!

During her time at NCNS, Linda has taught the 2's, Early 3's and 3 day 3's classes. She has enjoyed them all! Linda's bright smile and warm personality make the children feel at ease the minute they arrive at school. She has a great sense of humor that her students can relate to and she is truly passionate about teaching.

Linda will miss a lot about NCNS. She truly treasures the staff at NCNS. The supportive, dedicated and talented group of teachers and director have become close friends of hers over the years. Linda will of course also miss the children, with their smiling faces, as they come into the classroom each day ready to learn and play. She genuinely enjoys seeing the growth that the students make each year.

In her next chapter, Linda will be moving to the Madison, Wisconsin area to be closer to her daughter, son-in-law and 3 grandchildren. Linda has lived in the Chicago area her entire life, so she is looking forward to exploring a new area and spending more time with her family there.

Linda, you will be missed greatly by all of us at NCNS....staff, students and parents! We wish you all the best as you retire from service at NCNS. We are so appreciative of all of your dedication over the years. Good luck with the move and enjoy the time with your family!

The NCNS Board and Gail Nemoy





Art Night *and* Family Picnic

Join our NCNS families for a summer send-off! Bring a picnic blanket to enjoy dinner on the lawn, weather permitting. Feel free to bring your own dinner or purchase dinner from the food truck.

Inside, you will find an art “scavenger hunt” and prizes for the kids! Be sure to take home your child(ren)’s artwork at the end of the night.

Thursday, May 25
5:30 – 7:00 pm
at NCNS