



## **NCNS Lunch Bunch 2017-2018 Fall Registration**

### **Yoga Bash**

**Mondays, 11:20 am – 12:40 pm (6 min/14 max) / \$300**

14-week session runs September 18-January 15  
(No class October 9, December 25, January 1, January 15)

### **Mad Science**

**Tuesdays, 11:20 am – 12:40 pm (8 min/14 max)/ \$320**

16-week session runs September 19-January 16  
(No class December 26, January 2)

### **Sing with Señora**

**Thursdays, 11:20 am - 12:40 pm (8 min/14 max) / \$260**

13-week session runs September 28-January 18  
(No class September 21, November 16, November 23, December 28, January 4)

### **Sticky Fingers Cooking**

**Fridays, 11:20 am - 12:40 pm (8 min/18 max) / \$325**  
**\*Ingredients for all recipes included in class cost**

13-week session September 22-January 19  
(No class October 20, November 17, November 24, December 29, January 5)

**\*\*\*A NUT-FREE BROWN BAG LUNCH SHOULD BE SENT WITH ALL LUNCH BUNCH STUDENTS\*\*\***

**Please see page 2 for detailed class descriptions.**

## Lunch Bunch Class Descriptions

Lunch Bunch is designed for children who are enrolled at NCNS looking to extend and enrich their school day. Three of the classes are open to our 3 year old students and all four classes are open to our 4 year old students. All classes are 11:20-12:40. A **nut-free** brown bag lunch should be sent with students that day.

- **Yoga Bash/Lunch Bunch:** Spring forward by building strength, flexibility and confidence through yoga poses and breathing techniques designed for children. Yoga Bash incorporates books, seasonal events and games to bring out your mini yogi. Weekly themes include geography, languages and nature and will incorporate elements such as affirmation, body benefits and brain balance. Class begins with 45 minutes of yoga and is followed by a 30-minute **nut-free brown bag lunch** from home and short open play time. This class is open to both 3 and 4 year olds and will be held on Mondays.
- **Mad Science/Lunch Bunch:** Calling all scientists! This very interactive, hands-on program is designed for Pre-K students to conduct various science experiments led by a Mad Science instructor. Students participate in making a variety of take-home projects each week and will learn how much fun science can be. Examples of Mad Science themes include electricity, plants, adventures in air, water wonders, and mad mixtures. This class begins with 45 minutes of science exploration and is followed by a 30- minute **nut-free brown bag lunch** from home and short open play time. **Mad Science is open to Pre-K students (4 years old by 9/1/17)** and will be held on Tuesdays.
- **Sing with Señora/Lunch Bunch:** Students will be too busy having fun singing songs in Spanish and playing games to notice that they are also building a strong foundation for lifelong language learning! Preschoolers are at the PERFECT age to start learning another language. Sing with Señora makes that learning engaging and accessible through play, stories and song. Class begins with 45 minutes of activities, and is followed by a 30-minute **nut-free brown bag lunch** from home and short open play time. This class is open to both 3 and 4 year olds and will be held on Thursdays.
- **Sticky Fingers Cooking/Lunch Bunch:** Let your child release their inner chef! Sticky Fingers Cooking offers young chefs the chance to explore exciting tastes, often with local and seasonal ingredients. Students develop culinary skills that they can put to use in family kitchens and nourish their bodies and minds with dishes they create themselves. Each cooking class features healthy recipes, emphasizes safety and skill-building, and encourages environmental awareness in an engaging way. Sticky Fingers provides all of the tools, ingredients and instruction needed to cook up a fun, delicious and ALWAYS 100% nut free recipe. SF can accommodate ANY and ALL food allergies. Examples of recipes include Cheesy Pretzel Bites, Fresh Orange ‘Soda’ and White Bean Pasta Alfredo Cups. Students will be able to enjoy the culinary creations along with a **nut-free brown bag lunch** from home and short open play time. This class is open to both 3 and 4 year olds and will be held on Fridays.

# Fall 2017 Lunch Bunch Enrollment Form

# of Lunch Bunch Classes desired: \_\_\_\_\_

## Class preferences:

**First:** \_\_\_\_\_

**Second:** \_\_\_\_\_

**Third:** \_\_\_\_\_

Priority Enrollment for all current NCNS families runs from **July 10 - 14**. For applications received within this priority week, NCNS will make best efforts to give each child his or her first choice. If a child is not given their first choice, they will be assigned to the class listed second in the preference list above. After priority enrollment has ended, remaining spots are filled on a first come, first served basis. Parents will receive email notification of enrollment in a Lunch Bunch class as well as other classes that still have availability. Please contact the Enrollment Assistant, Pamela Soper, [pamelagsoper@gmail.com](mailto:pamelagsoper@gmail.com) with any questions about fall registration.

**Please mail completed registration, release form and payment to:  
NCNS PO Box 2204, Northbrook, IL 60065**

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Mother's Name: \_\_\_\_\_

Father's Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Cell/Work Phone #: \_\_\_\_\_

E-mail \_\_\_\_\_

## Method of Payment:

\_\_\_\_\_ Check                      Total of Enclosed Check:                      \$ \_\_\_\_\_

\_\_\_\_\_ Credit Card\* Charge Amount:                      \$ \_\_\_\_\_

Visa: \_\_\_\_ MasterCard: \_\_\_\_ Expiration Date: \_\_\_\_\_ 3-digit sec code: \_\_\_\_\_

Credit card number: \_\_\_\_\_

\*There is a 2.6% service charge for credit card payments.

For NCNS Use	
Date Received: _____	Confirmation Sent: _____
Priority #: _____	Payment Processed: _____
Payment: CK / CC	DB: _____

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## **Refund Policy for NCNS Lunch Bunch**

- If cancellation is received 21 days or more prior to the start of a session, NCNS will provide a full refund.
- If cancellation is received between 20 days prior to the start of a session and within 48 hours after the end of the second class, NCNS will provide a prorated refund for any classes not attended, less a \$35 cancellation fee.
- If cancellation is received more than 48 hours after the second class, NCNS will not issue any refunds unless the vacancy (created by this cancellation) is filled by a child on the waiting list. If a refund is issued, the refund amount will be prorated, less a \$35 cancellation fee.