



## Spring 2023 Lunch Bunch/Enrichment Enrollment Form

# of Lunch Bunch Classes desired: \_\_\_\_\_

Class preferences:

First: \_\_\_\_\_

Second: \_\_\_\_\_

Third: \_\_\_\_\_

Fourth: \_\_\_\_\_

Enrollment forms will be accepted from December 5th - 9th 2022. For applications received within this period, NCNS will make best efforts to give each child his or her first choice. If a child is not given their first choice, they will be assigned to the class listed second in the preference above, and so on. NCNS will follow this ranking method to fill all class spots, creating a wait list where applicable. Parents will receive email confirmation of enrollment in a Lunch Bunch class, and will also be informed of other classes that were not preferences but may still have availability. Please contact Laurel Weissman, Enrichment [weissman.laurel@gmail.com](mailto:weissman.laurel@gmail.com) with any questions about Spring 2023 registration.

**Please email completed registration to: [weissman.laurel@gmail.com](mailto:weissman.laurel@gmail.com)**

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

NCNS Class: Dolphin \_\_\_\_ Turtle \_\_\_\_ Panda \_\_\_\_ Koala \_\_\_\_

Parent/Guardian #1: \_\_\_\_\_

Parent/Guardian #2: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Cell/Work Phone #: \_\_\_\_\_

E-mail \_\_\_\_\_

### Method of Payment:

After you receive your confirmation email about Lunch Bunch, you will be billed through your Brightwheel account.

### Refund Policy for NCNS Lunch Bunch

- If cancellation is received 21 days or more prior to the start of a session, NCNS will provide a full refund.
- If cancellation is received between 20 days prior to the start of a session and within 48 hours after the end of the second class, NCNS will provide a prorated refund for any classes not attended, less a \$35 cancellation fee.
- If cancellation is received more than 48 hours after the second class, NCNS will not issue any refunds unless the vacancy (created by this cancellation) is filled by a child on the waiting list. If a refund is issued, the refund amount will be prorated, less a \$35 cancellation fee.

### NCNS Enrichment Covid Policy

NCNS is continuing to follow the CDC guidelines and DCFS policies. If there is a change to either, you will be notified by Gail Nemoy, Director. As of July 2021, DCFS allows children to mix groups outside of their traditional classrooms; however, mixing groups comes with an increased risk of exposure and possible quarantine if Covid is contracted.

**By submitting this application, you acknowledge that you have read and agree to the Payment, Refund, and Covid Policies above.**

Signature: \_\_\_\_\_



## **NCNS Lunch Bunch & Enrichment Spring 2023 Registration**

### **Yoga Bash**

**Mondays, 11:20 am – 12:40 pm (6 min/14 max) / \$325**

15-week session runs January 23, 2023 - May 15, 2023

No class February 20, March 27

### **ART**

**Tuesdays, 11:20 am - 12:40 pm (6 min/20 max) / \$275**

16-week session runs January 24, 2023 - May 16, 2023

No class March 28

### **Amazing Athletes**

**Thursdays, 11:20 am – 12:40 pm (8 min/14 max) / \$325**

15-week session runs January 26, 2023 - May 18, 2023

No class March 30, April 20

### **Jr. Engineers by Noggin Builders**

**Fridays, 11:20 am - 12:40 pm (8 min/20 max) / \$295**

13-week session runs January 27, 2023 - May 19, 2023

No class February 17, March 31, April 7, April 21

**\*\*Lunch Bunch/Enrichment classes will only run on days when  
school is in session. \*\***

**\*\*\*A NUT-FREE LUNCH SHOULD BE SENT WITH ALL LUNCH BUNCH STUDENTS\*\*\***

**Please see page 3 for detailed class descriptions.**

## **Lunch Bunch Class Descriptions**

Lunch Bunch is designed for children who are enrolled at NCNS looking to extend and enrich their school day. All of the classes are open to our 3's and Pre-K students. All Lunch Bunch classes are from 11:20am - 12:40pm. A **nut-free** lunch should be sent with students that day.

### **Yoga Bash -- Mondays, 11:20 am – 12:40 pm**

Start the week by building strength, flexibility and confidence through yoga poses and breathing techniques designed for children. Yoga Bash incorporates books, seasonal events and games to bring out your mini yogi. Weekly themes include geography, languages and nature and will incorporate elements such as affirmation, body benefits and brain balance. Class begins with 45 minutes of yoga, followed by a 30-minute lunch and short open play-time.

### **Art -- Tuesdays, 11:20 am - 12:40pm**

The North Shore YMCA offers this weekly class to help bring out the artistic side of your child's imagination. The class will begin with a short story followed by an art project based around the themes presented in the book. Students will explore a variety of mediums including paper crafts, paint, gluing, and more. Through these art activities we will work on techniques such as holding paint brushes, cutting, bilateral movement, holding pens/markers/crayons and discovery. Class begins with 45 minutes of art, followed by a 30-minute lunch and short open play-time.

### **Amazing Athletes -- Thursdays, 11:20 am – 12:40 pm**

Amazing Athletes weekly class encompasses two development sports lessons, muscle identification, fruit or vegetable introductions, as well as activities designed to build and mature a child's motor development, hand-eye coordination, cardiovascular fitness, speed, agility, and much more! The action-packed curriculum allows children to build their skills at their own pace within a non-competitive, learning-based environment which emphasizes patience, teamwork, and self-confidence. Class begins with 45 minutes of activities, followed by a 30-minute lunch and short open play-time.

### **Jr. Engineers by Noggin Builders -- Fridays, 11:20 am - 12:40 pm**

Explore early math and building skills in this hands-on program for preschoolers. Math is fun when we do it with projects from everyday life. Children will enhance skills like correspondence, spatial reasoning and comparisons as we engage in fun projects like measuring length, making "Pi" pieces, and creating their own abacus. As builders, the children will explore different types of materials, increasing their vocabulary of textures, shapes and material strength. They will use unusual materials each week to build creations and enhance their abilities in building, such as balance and using connectors while practicing fine motor skills and creativity. Class begins with 45 minutes of hands-on activities, followed by a 30-minute lunch and short open play-time.